



Bulls Soccer Club
Soccer School Of EXCELLENCE!

U4-U14...Player Development for the Future!

The Mission

The mission of Bulls Soccer Club is to provide soccer training that is fun, safe, age appropriate and developmental in nature. This is a coach & player development program. Success of the program will be judged by the number of returning players each season, the number of recreational players promoted to the higher ranks of our development program and select teams.

We will provide an inclusive environment for players of all levels of skill from four years of age, and provide the maximum opportunity for growth and Individual Technical Development for those who wish to take the opportunity through professional training and competitive games.

Characteristics of an under 6-year-old player.

. In order to make practices run smoothly and be fun, it is important for us to have a basic understanding of the intellectual, emotional and physical developmental stage of the players you are coaching.

Here are some typical characteristics of the Under 6 players.

- Focused on themselves – reality to them is based on what they see and feel
- Unable to see the world from another’s perspective
- Everything is in the here and now
- Cooling systems are less efficient - need frequent water breaks
- Enjoy playing, not watching. Every player should have a ball in practice
- Limited attention span - keep directions concise and to the point
- Effort is performance – if they try hard, they are doing well
- Active imaginations – utilize their imaginations in activities, and they will love practice!
- Look for adult approval – be encouraging when they say “Coach, look what I can do!”
- Unable to think abstractly – spatial relationships are a mystery
- Typically have 2 speeds -- extremely fast and stopped
- Usually unaware of game scores – keep it that way

What is the Bulls Soccer School of Excellence Program?

- Tired of your kids not really learning how to play the game? Bulls Soccer School of Excellence is a new program with a significant twist – we’re developing players instead of just playing around.
- The curriculum encourages creative thinking and the idea of repetitive movement to enhance a players’ balance, timing, rhythm, coordination and bi-lateral movements with fluid play, feints, deception and extensive use of ground work, as well as goals and creative moves to beat opponents.
- Players need to be provided with an environment in which they can feel free to express themselves and learn through a method of trial and error without fear of failure.
- The idea of un-organized play is to allow the players to adapt to the ever changing situations that the game may throw at them, in an environment where they aren’t afraid to make a mistake.
- The program is a way of expressing yourself with the ball.
- The games are a great way to identify talented players at an early age.

Why should I sign my child up?

- Technical Development – More touches on the ball more often becoming more skillful
- Tactical Development – More, less-complicated decisions during the game
- Psychomotor Development – M.A.R method; Motivation, Association, Repetition – Staff understands the natural progression of athletic skill development
- Cognitive Development – More involvement during training and games and an opportunity to solve problems that only the game presents
- Player Development – More opportunity to play on both sides of the ball = greater overall understanding of game.

What is the format of the Program?

- Every player participates in Activities Night on Monday & Wednesday.
- The Program runs for twelve (12) weeks.
- Players report twice a week for a 60 minute. 40-minute technical skill based training session followed by 20 minutes of small-sided games.
- Games will be played in-house in a 3v3 or 4v4 “street soccer” format.
- Bulls Coaching staff will conduct all training sessions and randomly select teams for small-sided games.
- There are NO standings, stats or scores recorded.

What is the age range?

- The regular Soccer School of Excellence is for players 4-14 years old.
- For the benefit of all players we will not accept players outside of this age range.

What date does the program start?

- Training Session Monday 1st November 2017
- 4-9 years 6:00-7:00 pm. 10-14 years 7.00 – 8.00pm (Times are subject to change)
- ALL Training Sessions Blanchard woods.